

MISHAL
(Israel)

Mishal (Arabic dance) was choreographed by Moshiko to this Arabic folk music.

Pronunciation:

Record: "Dance with Moshiko," MIH Vol. 1, side 4, band 1.

Formation: Line up, close to each other. Join hands with L arm bent bkwd and R extended fwd. Face CCW.

Counts

Pattern

16 INTRODUCTION.

PART ONE.

- 1 Stamp L in place.
- 2 Stamp L in place.
- 3 L bkwd.
- 4 Stamp R in place and immediately brush it fwd, bending down.
- 5-7 Three steps fwd, R,L,R, body up.
- 8-28 Repeat action of cts 1-7 three more times.
- 29-30 Repeat action of cts 1-2.

PART TWO. (Facing ctr.)

Raise joined hands high.

- 1 Leap onto L ft to L with R ft crossed over it close to floor.
- 2 Hop on L (R stays crossed over).
- 3 Hop on L and run R to R.
- 4 Run on L ft to R.
- 5-6 Repeat action of cts 3-4, Part Two.
- 7 Leap R to R side.
- 8 L closes to R.
- 9-32 Repeat action of cts 1-8, Part Two, three more times.

Repeat dance three more times.

Presented by Moshiko Halevey